

Weight Management Assessment



24/7 Customer Service



Nationwide Coverage



Personal Approach



Digital Access to a Range of Services

Choosing Onhealth

By choosing Onhealth's Weight Management Assessment, you'll be able to gain insight into how your current diet and exercise habits impact your health. Our clinic team will guide you through the analysis stages and provide advice on how you can improve your health and lose weight safely in your own time.

This package includes:

- Onhealth's initial Weight Loss Blood Test – for more information [click here](#).
- A Virtual Assessment appointment with one of our physiotherapists
- A summary report with advice and insights to guide your weight loss journey

After the assessment, you can decide how best to use the information provided. Whether you want to incorporate the advice into your current training regime, or take advantage of one of our other packages, such as the **Digital Fitness Pass**, we are happy to discuss the options with you during your appointment.

To arrange your Weight Management Assessment, [click here](#) to go to our website and complete the registration form today.

